

Finding True Magic

Transpersonal Hypnotherapy/NLP GHR
Practitioner Level Training



Accessing Deeper Dimensions of Self

Transcending Personal & Professional Frontiers

Institute for Therapeutic Learning
**Transpersonal Hypnotherapy/NLP GHR Practitioner
Training**

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Preface

Thank you for downloading our prospectus. Depending on your level of study thus far, you may find curriculum headings and subjects that you think you have already covered or know about. Since my courses are a unique and radical synthesis of NLP, hypnotherapy, and Eastern spiritual wisdom techniques, such prior knowledge or certification with another school does not diminish the benefit you would receive from taking my course.

My courses have proven to be advanced even for those with prior training, due to the unique insights and techniques I present, based on over 50 years of intensive spiritual studies. Many NLP and hypnotherapy "old pros" have taken my courses and reported that their clinical practice and their lives were transformed as a result. No one who has taken the course has found it to be redundant. The reason is best summed up in these enthusiastic testimonials from well-educated spiritual seekers who have taken the course:

"You have an unbelievable ability to bring the "unknown/hidden" into the light of day in such a way that it is very meaningful and revolutionary in terms of how we experience this moment. This makes you so unique. This is a fast track compared to my years of reading, meditating and studying with other teachers. You are unique messenger, an alchemist almost, for all the source materials you use. It is hard to articulate just what I mean—I had heard it all before, read all the books, did all the exercises, but it wasn't until this course that I really experienced a true peace." -- **C. S., M.A., Independent Study Graduate**

"I'm learning more about my trances and more about staying present than I ever imagined I would from a course about hypnosis. This stuff blows my mind. You were right when you said that it has a transformative power. Thank you so much for sharing your peace and wisdom." -- **J.S., Independent Study Student**

"No other author that I have read or studied in this field brings such passion and consciousness to the 'how to' of hypnotherapy as Jack Elias. When I first started with this book of technique I was pushed back a little by his "process" and then, shortly, I could feel the compression of wisdom and mind wrenching and concept blowing sentences that brought whole realms of my own belief systems to the fore to be examined in an instant. Often, I would have to read and reread whole paragraphs and then put the book down and breathe deeply as mini realizations of the Truth of Elias's monologue seeped in. I found myself celebrating "Eureka's" often. One of the best things about the Elias's tapes is getting to know him and feel the great sense of humor and then getting inspired to go back to read the book again." -- **G.M., Gestalt Therapist, Certified Hypnotherapist**

Testimonials like these are obviously very gratifying, but they are also humbling, and intensify my gratitude to my wise, loving, and Awake teachers. What I am able to pass on from them makes these offerings worth taking without consideration for accreditation, although GHR Practitioner accreditation is available.

There are two easy ways to sample the experience of participating in the *Finding True Magic* course: the [Introductory audio](#), and our [Test the Waters](#) options. Thanks again for your interest.

Jack Elias, CHT
Institute for Therapeutic Learning
<http://FindingTrueMagic.com>

Quick Facts: [Live Certification Trainings](#)

The onsite [Intensive Training](#) is a 17 day course with 2 rest days, for a total of 120 training hours plus 43 hours coursework and 293 hours independent study.

The training is usually scheduled in the spring or autumn in London, UK , and in Seattle, WA, in the summer

Training Schedule - Daily: 9:00 AM - 6:00 PM with lunch break

Please check the [Live Trainings Calendar](#) at FindingTrueMagic.com for current dates.

- 1) **Tuition** for each training is **\$4245**. If prepaid 15 days before the first class day, tuition is **\$3945.00**.
- 2) **Required texts** (8 books in addition to Finding True Magic, the primary course textbook, subject to change). Text costs are in addition to tuition –approximately \$150.00.
- 3) **The Institute for Therapeutic Learning** is located at 7057 26th Avenue NW, Seattle, Washington, 98117
- 4) GHR Practitioner Certification trainings are give in London, UK. See my website for dates and venue.

Finding True Magic Trainings Offer Life-changing Skills

Thank you for your interest in studying Transpersonal Hypnotherapy/NLP at the Institute for Therapeutic Learning! We hope this prospectus describing our combined Hypnotherapy and NLP GHR Practitioner accreditation course is helpful and thought provoking.

Our courses emphasize underlying insights and principles governing **the nature of mind and communication** upon which hypnotherapy, NLP, shamanism, and all other transformational techniques depend. Grasping these potent understandings allows you to master the variety of techniques in the course, from the most basic to the most advanced, easily and delightfully. With this knowledge, our students effectively dispel confusion both personally and professionally, and achieve new levels of wisdom, compassion, and healing for themselves and others.

The course is stimulating and challenging, yet is also a safe place to learn and grow. The approach is holistic, heart centered, **and** clinically comprehensive—practical and down-to-earth. The course has an excellent 19-year track record with professionals and laypeople alike, as indicated by the testimonials included in this packet.

This course has been approved for undergraduate, masters and doctoral level credit by several universities, on a case-by-case basis. CEUs are available.

This is a course based in spiritual/religious science (non-sectarian). Upon certification you may complete ordination in a church of your choice and practice these modalities as a minister. Practicing as a minister is exempt from state rules governing counseling and therapy.

You may also choose to complete national requirements for therapists and/or counsellors and practice in accordance with these regulations including in the UK as a GHR registered Hypnotherapy Practitioner.

Learn how to:

- Do Self-Hypnosis and Inner Healing for self-transformation and to awaken higher consciousness
- Become a highly successful hypnotherapist, guiding profound and lasting changes in others, as well as in yourself
- Enhance healing arts skills you already have, with expertise in hypnotherapy and neurolinguistic programming (NLP)—highly versatile processes that can be applied to virtually any healing or self- improvement goal
- Work with the full range of the psyche to bring about lasting positive change—encompassing the subconscious, conscious, and super-conscious dimensions of self

Personal Healing and Transformation

Learn how to enter varying levels of trance through the use of hypnotic technique. *Training includes substantial practice of the techniques, both in guiding another and being guided.* As you practice self-hypnosis, you become ever more adept at entering and utilizing trance states for inner change work. This enables you to quickly access deeper dimensions of self—to clear subconscious blocks, experience self-transformation, and to draw upon super-conscious levels of wisdom and compassion.

Please visit FindingTrueMagic.com.

You'll also want to read [testimonials about the book](#), ***Finding True Magic: Transpersonal Hypnosis and Hypnotherapy/NLP***.

“To be fully engaged in the process of learning is to be fully alive, moment by moment. To be awake from all forms of fearful hypnotic states in daily life is the only way to experience being fully alive, fully and joyfully engaged in the expression of one’s personal genius. For each of us to experience ourselves in this way is the ultimate goal of this course.

Hypnotic processes are redundant. You don’t have to put people in trance; they are already in trance. Their problems are the fruit borne of their trances. You can use standard hypnotic processes, which you will learn in this course, as poisons are used in proper fashions to make medicines. But I want you to perform such alchemy from a greater viewpoint of recognizing that the goal is not to become established in comfortable trances that work for your fearful self, but to become free of trances: present, at ease, free of fear—whole, peaceful, and awake, radiating joy and enthusiasm.”

—Jack Elias, *Finding True Magic*

Introduction

Neurological researchers have found that generally we utilize only about 10% of our brain capacity. The other 90% comprises that which is beyond the threshold of conscious awareness, namely, the unconscious. By achieving an appropriate level of hypnotic depth or “altered state,” the unconscious is made conscious, and one achieves a heightened state of awareness and well-being. He or she identifies and releases hidden subconscious blocks and actualizes higher potentials. Remarkable things are possible in such “altered states.” Past origins of current blocks can be traced to infancy, birth, the womb and beyond—all with equal facility. Lifelong emotional patterns can be released in a relatively short time. It is possible to enhance your intuitive inner guidance and vividly commune with your Higher Self.

What Is Transpersonal Hypnotherapy/NLP?

It is the use of hypnosis to access the “transpersonal” dimensions of self—those which are “trans” (“across” or “beyond”) the purely conscious awareness—to encompass the subconscious and superconscious dimensions. Thus, subconscious blocks can be identified and released; superconscious potentials can be accessed and actualized. Our approach is a synthesis of various therapeutic and hypnotherapeutic sources, among them, Transpersonal Psychology, Gestalt Psychology, Reevaluation Counseling, Ericksonian Hypnotherapy, Neuro-Linguistic Programming (NLP), “Ultra-Depth” Hypnosis, Hypnoanalysis, Active Imagination with Inner Archetypes, Higher Consciousness processes, and meditative techniques and insights.

Professional Training

Our trainings are designed to enable a high degree of proficiency in state-of-the-art hypnotherapy, *regardless of prior background and experience*. You can utilize the trainings for personal self-healing and higher consciousness, to enter the field of hypnotherapy as a certified professional, or to complement your existing skills in the healing arts. Learn to apply the processes of hypnotherapy and NLP to catalyze healing changes in others. Beginning, Intermediate, and Advanced levels of certification are offered for professional training:

Transpersonal Clinical Hypnotherapist (GHR Practitioner Level)

Master Transpersonal Clinical Hypnotherapist

Level II Master Transpersonal Clinical Hypnotherapist

Level III Master Transpersonal Clinical Hypnotherapist

If you elect to practice as a minister, “ministerial” can be added to your title. If you choose to qualify according to state regulations to practice as a counselor/hypnotherapist, or as some other kind of therapist, “clinical” can be added to your title. These are your options to choose.

What Our Graduates Are Saying

"This was a powerful course. One of the greatest strengths lay in the fact that it taught hypnosis not simply as a technique to deal with isolated behaviors, but as an approach that deals with a client's whole way of approaching life. We covered a great deal of material, we explored many things in depth, and we were given a strong foundation for using hypnotherapy both personally and professionally."

*Ann T., M.A. in Counseling
Seattle, WA*

"Six years of university training in psychology ... 20 years as a counselor... countless years of spiritual quest ... culminating in the discovery of this course ... a psychology firmly rooted in profound spiritual wisdom. I feel fortunate to have Jack Elias as my teacher ... May others benefit from his extensive and well-integrated knowledge."

*Janet M., M.A. Psychologist
Lasqueti Is., B.C., Canada*

"Nothing has been as effective in promoting change in people's lives as the techniques I learned in [Jack's] course. This course is valuable to all therapists, including MDs and other medial professionals." Patricia Ann

Williams, M.D., Psychiatrist & Psychotherapist

"This course provided me with many new and exciting possibilities ... I have been touched in marvelous spiritual ways ... Jack Elias is a brilliant man with a distinct mastery of language, a rich and varied background, and a wonderful sense of humor."

*Jim Schaffer
Seattle, WA*

"I feel as though I have received a precious gift for helping myself and others. The training taught me not to fear addressing any problems I may experience, but rather to embrace and transform them."

M. E. Gateley

"Taking this training was one of the best things I've ever done for myself. It's given me a deep understanding of human nature. Jack is an excellent teacher—very thorough, patient, and ... a great sense of humor. His outlook on life has been an inspiration—thank you, Jack!"

*Leslie Wener, B.S.W., M.S.W., Social Worker
Vancouver, BC*

"A deeply fulfilling experience ... It provided insights and practical skills for communicating with clients and 'significant others' on a more intimate and meaningful level than I have previously experienced."

*Connie Dudenbostel, Ph.D., Lic. Psychologist
Elma, WA*

"This course was excellent. My objectives were to learn more about ... the subconscious and the counseling process ... to improve my effectiveness as a Shamanic Counselor. I have gained so much from this course, I'm now feeling Shamanic Counseling will be something I do as part of Hypnotherapy, rather than the other way around."

*Robert H., Shamanic Counselor
Edmonds, WA*

"I highly recommend the training ... thank you for giving me such a safe space to learn and grow."

*Barbara Rammerdan
Seattle, WA*

"The course was excellent, easily worth the cost in both time and money ... I have no hesitancy about beginning my own private practice."

*Claudia Serpas
Issaquah, WA*

"Course content is comprehensive, interesting, useful. ... it offers a unique and skillful synthesis of transpersonal psychology, hypnotherapy techniques, NLP, and spiritual principles. Example and interactive process are the heart of the course; Jack invites participation with consummate skill ... encouraging individual insight, experimentation. Thank you!"

Barbara Douglas, M.A.

Institute for Therapeutic Learning

Jack Elias, CHT, Director



The Institute for Therapeutic Learning was founded in 1988 by Director Jack Elias, a licensed Clinical Hypnotherapist and Certified NLP Practitioner with over 40 years of experience with the practice and study of meditation, psychology, and philosophy with recognized masters of these traditions. With 20 years of success in sales, management and entrepreneurship, Jack consults with business and corporate clients to dynamically improve profitability, productivity, and enthusiasm.

Jack Elias is the author of the book ***Finding True Magic***, which presents the foundational material taught in the ***ITL Courses in Transpersonal Hypnotherapy/NLP*** and the *Finding True Magic* audiotape training program, as well as various other audio and video presentations. In addition to teaching the Transpersonal Hypnotherapy/NLP Certification Trainings, Jack does private counseling for individuals, families and groups. Jack teaches classes and seminars in the U.S. and abroad.

The Institute for Therapeutic Learning offers a range of course and study options as described in this brochure and the accompanying inserts. Once a student has completed the minimum course of study of 120 guided learning hours, a flexible array of continuing education possibilities is available. This catalog contains a detailed description of the 6 guided learning phases of the 120 hour training, which together with the required self study and coursework comprise 456 hours total study time.

For more Information: Please visit <http://FindingTrueMagic.com>

Email Jack@FindingTrueMagic.com or call (206) 783-1838 for further information, or if you wish to arrange for a **personal interview** regarding course participation. Interview is optional.

GHR Practitioner Training Format

120 hours of class time, 43 hours of coursework and 293 hours of self study.

Class hours: daily, 9 a.m.- 6 p.m.

with days off on the 6th and 12th day.

The schedule hours above do not include breaks for meals and coffee or tea.

Students are expected to do 2.5 hours of exam homework for each of the 6 phases of the course.

The Book

"It is a great pleasure to have your book. *Finding True Magic*...provides a great amount of practical information and creative guidance on the knowledge of mind/body derived from various disciplines of the Eastern and Western world."

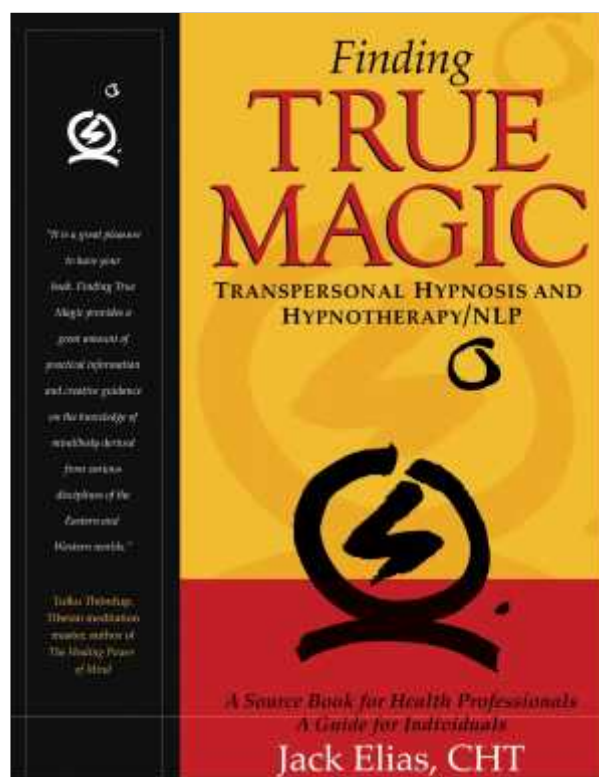
Tulku Thondup, Tibetan Meditation Master, Author of *The Healing Power of Mind*

"No other author (that I have read or studied) in this field brings such passion and consciousness to the 'how to' of hypnotherapy as Jack Elias."

Greg McHugh, Gestalt Therapist, Certified Hypnotherapist

"*Finding True Magic* is a superb book...truly comprehensive and eclectic in its intelligent presentation of transpersonal work. It explores philosophy, metaphysics, eastern wisdom and their relationship to hypnotherapeutic healing. If you do healing work, you must have this book. If you teach, you and your students must have this book!"

Marilyn Gordon, CHT, Author of *Transformational Healing and Hypnotherapy, Extraordinary Healing*



Book size: 8-1/2 x11, 364 pages. Retail Price: \$29.95 (\$32.00 incl. S&H) Direct from and signed by the author

ISBN 0-9655210-1-X, Five Wisdoms Press

"Jack Elias is a born teacher... as much at home with Socratic dialogue and analysis as with a Zen paradoxical and intuitive approach. An intriguing and novel synthesis of Eastern and Western perspectives and techniques, this is a very practical approach to clinical hypnotherapy by an expert in the field.

Jack is contributing to the further establishment of hypnotherapy as a total approach to healing rather than simply as a technique which may be applied in the context of psychotherapy."

Ivor Morrish, Educator and Author, *Disciplines of Education, The Dark Twin: A Study of Evil and Good*

"...Since 1979...I have worked in residential treatment centers, mental health centers, and private practice with individuals, couples, groups, and families. *(Nothing) has been as effective in promoting change in people's lives as the techniques I learned in (Jack's) course.* This course is valuable to all therapists (including) MD's and other medical professionals."

Patricia Ann Williams, M.D., Psychiatrist & Psychotherapist

"One of my favorite new books...I am impressed with the way Jack offers an intelligent and easy-to-understand explanation of complicated concepts...fascinating and moving...apart from many I've encountered over the years. This extraordinary book... is a stand alone text from which even the most experienced therapist will learn a lot about therapy... and about him/herself."

Leticia Oliver, Doctor of Clinical Hypnotherapy, Journal of American Board of Hypnotherapy

[Order a signed copy of *Finding True Magic* by credit card online](#)

Tuition Investment

Transpersonal Clinical Hypnotherapist (**London**)

120-Hour Summer Intensive — Phases I-VI

\$4245.00 total if paid less than 15 days prior to 1st day of class

\$3945.00 if prepaid 15 days or more prior to 1st day of class

\$3500.00 if paid 1 month or more prior to 1st day of class

Intermediate and Advanced Certification including Distance Learning Options are available.

GHR Practitioner Accreditation requires 293 hours of self study as outlined in the GHR Supplemental Catalog.

The \$600.00 tuition for GHR self-study and assessment includes the cost of 2 programs provided for on-going integration of the course material:

**'Art & Skill of Therapeutic Inquiry' and
'Living from the Heart Collection'**

These programs are part of the required self study curriculum for GHR accreditation. They are an \$845.00 value that is included for FTM Intensive course graduates.

Cancellation and Refund Policy

If the applicant is not accepted by ITL there will be a full refund of all money paid. Applicants may receive a full refund of tuition and fees paid if they withdraw not later than midnight of the fifth day (excluding Sundays and holidays) after registering or making an initial payment, provided they have not commenced training. If an applicant withdraws after five business days, the Institute may retain an established registration fee equal to ten percent of the total fees or \$100, whichever is less.

Refund After Entering Class

If a student terminates during the first 10% of contracted instruction time, the school may retain ten percent of tuition cost plus established registration fee. If a student terminates after the first 10% of instruction time but prior to completion of 25% of contracted time, ITL may retain 25% of tuition costs plus established registration fee. If a student terminates after completion 25% of instruction but prior to completion of 50% of contracted time, the school may retain 50% of tuition costs plus established registration fee. If a student terminates after completion of more than 50% of contracted time, the school may retain the full tuition cost plus established registration fee. Refunds must be paid within 30 days after determining student's official date of termination.

Registration Form

Please complete this form and mail with your deposit to:

**JACK ELIAS
INSTITUTE FOR THERAPEUTIC LEARNING
P.O. Box 17229
Seattle, WA 98127**

A deposit of \$100 is required to reserve your place in a hypnotherapy training program. Please make check payable to Jack Elias.

NAME _____

ADDRESS _____

CITY _____ **STATE** _____ **ZIP** _____

TELEPHONE Home _____ Work _____

Please Register me for: Date Training Begins _____ **Amount Enclosed: \$** _____

Or choose immediate [Online Registration](#)

PHASE I

Basic Hypnosis Training

A Full Spectrum of Hypnotic Techniques, Trance States and Suggestions

In this Phase, you will learn to:

- Establish rapport and communicate effectively with the client using voice tone, pace of delivery and the client's expressions
- Perform a versatile range of **hypnotic induction** techniques, both direct induction and indirect Ericksonian techniques.
- Recognize and monitor **7 levels of trance depth**, namely:
 1. *Hypnoidal*
 2. *Light Hypnosis*
 3. *Medium Hypnosis*
 4. *Somnambulistic*
 5. *Hypnotic Coma*
 6. *Cataleptic*
 7. *Ultra-Depth (a profoundly euphoric state).*
- Employ deepening techniques to achieve the desired level of depth which is best for a particular kind of work.
- Terminate trance and employ effective **hypnotic and post-hypnotic suggestions**
- Prepare a person for hypnosis with **suggestibility testing and pre-induction talk**.

Learn the structure of a hypnotherapy session.

Learn how to assess the clients needs and gather information necessary for the session.

Learn the history of hypnosis, including the latest advances, such as **Ericksonian hypnosis, Neuro-Linguistic Programming, ultra-depth techniques** and **transpersonal processes**.

The training provides ample opportunities for **practice of techniques** taught, both in guiding another and being guided.

You will also learn **self-hypnosis** for trance work and self-transformation.

PHASE II

Transpersonal Regression Therapy

Releasing Past Origins of Negative Patterns

Establishing Desired New Behaviors

In Phase II you will learn how to:

- Trace past origins of current problems through **hypnotic regression** to their formative experiences.
- Conduct “**past life**” **regression therapy**.
- Guide the **discharge and transmutation of unresolved emotions** which motivate undesired behaviors and beliefs.
- Create positive inner allies, such as ideal inner friends or ideal parents, and draw upon inner qualities or positive experiences, **to manifest more effective ways of being and functioning**.
- Establish desired new behaviors through techniques of **neuro-linguistic programming** and **Ericksonian hypnosis** (All phases of this course integrate views and techniques from NLP, Ericksonian hypnosis, and Eastern meditative approaches).
- Access the **Higher Self**, one’s highest dimension of clarity and wellbeing, to achieve heightened insight, self-integration and wholeness.
- Learn insights from **Models of the Psyche** that will enable you to quickly recognize and address the core of clients’ problems and symptoms. Models from these schools of thought:
 - Vedic / Shaivist
 - Buddhist
 - Modified Psychosynthesis
 - Psychodynamics
 - Cognitive behavioral
 - Humanistic

PHASE III

Subpersonality Therapy

Accessing and Transforming Deeper Aspects of the Psyche

Blending insights and techniques from Western and Eastern psychology, you will encounter competing urges or complexes within yourself, termed “**subpersonalities**,” and transform them to their highest archetypal expression.

- Learn how to **resolve inner conflicts** and **integrate competing urges** into desired new behaviors and greater wholeness.
- Learn a simple yet powerful process of **self-inquiry** that makes possible rapid, focused resolution of difficult decisions or dilemmas.
- Access the **Inner Guide**, a wise and loving presence within, who serves as a guide to your inner world of the unconscious and acts as a source of unlimited assistance and direction.
- Learn **Creative Visualization** for framing your desired future, together with the processes for **Actualizing the Will**, thereby strengthening your will in the face of inner resistance or outer obstacles.
- Discover the 3 most important factors in **managing trance** to insure accomplishment of beneficial change.
- Learn how to combine **subpersonality work** and **hypnotic regression therapy** in order to achieve the most thorough changes possible.

PHASE IV

Transpersonal Hypnotherapy Applications

Practical Strategies for Common Problems

You will learn the key **dynamics of shame and family systems** that underlie most compulsive and addictive behaviors.

You will learn **core therapeutic strategies** and study case histories with a wide range of practical application, such as:

- Strategies for dealing with **addictive personality patterns**, such as smoking, obesity and overeating, alcohol and drug abuse.
- **Emotional health** issues—self esteem, depression, phobias, stress, relationships, post-traumatic stress, panic and anxiety attacks, and abuse.
- Hypnotic **anesthesia** for pain control, including **surgery, dental work**, childbirth, relief of tension headache, TMJ, arthritis, and more.
- **Self-improvement**: memory, concentration and exam performance, improved physical performance in athletics, and enhanced creative and intuitive ability.

Discover how one's perception of **time and identity** can be used to quickly release long-standing phobias and traumas.

Learn how to adapt **meditation techniques** to accomplish transformative therapy.

Learn to work with the **inner “building blocks”** of life experience to accomplish your highest goals.

PHASE V

Comprehensive Work with Inner Archetypes

Employing the Power of Myth and Archetype to Enhance Major Areas of Life Experience

Develop **Comprehensive Treatment Planning** for yourself or others.

Perform an assessment of each major area of life experience and identify to what extent archetypal patterns of the psyche are in, or out of, balance.

Specific areas of the body and of life experience serve as indicators of specific issues within the psyche.

Identify and work with **12 major Archetypes** of the psyche to effect desired changes, such as:

- Access the **Inner Child Archetype** for enhanced spontaneity and creativity, or to heal past hurts that inhibit creative self-expression.
- Access the **Inner Father Archetype** to achieve greater wholeness with regard to external authority, society, and career.
- Access the **Inner Mother Archetype** to heighten the sense of internal security, self-nurturing, and confidence.
- Access archetypal intelligence to clarify basic desires so that they take healthy forms:
 - the urge to know and communicate
 - the acquisitive urge
 - the urge to merge
 - the community instinct
 - the escape urge / urge to transcend
 - the urge for meaning

Learn to guide processes working with **Inner Masculine** and **Inner Feminine** energies, the two major underlying Archetypes that comprise and affect every area of our life and psyche.

Examine models that enhance our awareness of how these archetypes determine our inner psychic growth and health, as well as our external daily rituals.

PHASE VI

Survey of Specialized Hypnotherapeutic Skills

Releasing Unwanted Influences

Using Future Progression to Achieve Goals

Hypnosis with Couples and Groups

Learn processes for encountering and transmuting the “**Shadow**” (one’s composite unintegrated aspects).

By means of “**entity release**” strategies, learn to release external interferences which have become internalized.

Learn how to detect the presence of unwanted influences, release them, heal the patterns that allowed them, and maintain a condition free from unwanted external influences.

Experience **future progression** with regard to a prospective decision’s outcome or general life direction, and then accept, reject, or modify that future to create the future desired—in alignment with your own highest purpose and inner guidance.

Study guidelines and perspectives on **how to create and sustain** a successful hypnotherapy practice, and integrate it into your life in a holistic manner.

Learn how the hypnotherapist fits within the complementary and health and social care sectors, the extent and limits of their responsibility and resources available to clients.

Learn the relevant record keeping, applicable legislation and professional code and standards for your practice.

Learn to conduct **group hypnosis** to enable members of a group to experience many of the same processes possible in one-on-one therapy.

Learn to guide **dual regression therapy** with couples in order to release relationship blocks and integrate new perceptions and behaviors.

Review, final exam demonstration sessions and evaluations.

Certification Options

INSTITUTE FOR THERAPEUTIC LEARNING

PROFESSIONAL HYPNOSIS ASSOCIATIONS:

After successful completion of the 456 hour training, your certification as a Transpersonal Clinical Hypnotherapist qualifies you for certification and membership as a Hypnotherapy Practitioner with the UK General Hypnotherapy Register.

Benefits As a professional hypnotherapist you can earn £50-£150 per hour. The work is also highly gratifying because the results achieved are rapid and profound. Hypnotherapy can provide a career that is fulfilling spiritually, emotionally, and financially.

Institute Requirements

Please read carefully: Important information about our courses and the Institute:

A person should be in general good health to participate in this training, although some limitations, reviewed on a case by case basis, are allowable.

No placement is offered at the completion of the training. **However, guidelines for establishing and maintaining a successful practice are part of the course curriculum.**

Students are expected to conduct themselves in a mature, respectful manner conducive to learning the skills and knowledge of this course. Grounds for immediate dismissal include: the use of alcohol or drugs, any behavior disruptive or threatening to class participants, including an exhibited lack of proper attitude toward learning the course curriculum, excessive tardiness and missed class time without warranted excuse. Students so dismissed will have an opportunity to request readmission except in cases of substance abuse. Nothing in the policy prevents the student from contacting the Workforce Board at 360-709-4600 at any time with a concern or complaint.

If a student misses a portion of the course for a valid reason, tutorial make-up will be provided. When appropriate, a student may make up a weekend section during a subsequent training.

Assessment Requirements:

1) At the completion of each 20-hour section of the training, students will be required to demonstrate their understanding of course material by conducting a 1 hour hypnotherapy session. Therapy sessions are pass/fail as judged and evaluated by the instructor taking into account feedback of the subjects of therapy. Successful completion of each section is a prerequisite for continuing the course. Retaking a failed therapy session will take place within one week of the end of the section with the instructor.

2) A written exam with questions due each day from evening homework. The written exam is pass/fail.

3) Students will be required to submit 3 page critiques on their choice of 4 of the required reading books.

4) Students will be required to submit 3 page critiques on the 5 **Living from the Heart** audio lectures.

5) For **The Art and Skill of Therapeutic Enquiry**, students will be required to submit indexing notes on each video and analysis of 5 interactions between Jack a student(s) about their questions/issues. Identify and explain perspectives and techniques Jack presents in each and how he sequences these in each example. Additionally, discuss how they would use these learnings in a client session for a hypothetical problem, and, secondly, how they will use these learnings in their own life.

All essays are graded pass/fail according to whether a good level of understanding has been demonstrated. Failed essays may be corrected and resubmitted.

There are eight required books which students must purchase in addition to the course tuition. Books can be purchased online at Amazon.com. ***Finding True Magic*** is included in your tuition. Total cost of books, with tax, is approximately \$150.00.

Class size ranges from 3-14 students. Classes are held at the Institute address listed or other suitable venues. **Classes are kept small providing safe, in-depth, personalized learning.** All materials, except for pen, paper, and required reading described below, will be provided to the students. ***Finding True Magic***, the ITL Hypnotherapy/NLP Training text, containing course script material for therapy work, is included in the tuition investment. The course environment provides appropriate furniture for conducting therapy sessions. Upon successful completion of the training you will receive certification as a **Transpersonal Hypnotherapist*, Level I**, or a certificate of successful participation, without title designation. A certificate of successful participation, without title, in the 456 hour training, enables a student to obtain GHR registration and to begin their career. By successful completion of 50 hours of documented supervised client work (1hr.supervisory review/10hrs.of client sessions), or by completion of 50 hours advanced study, such a student will receive a certificate as a **Transpersonal Hypnotherapist*, Level I. Level I** graduates upgrade to **Level II Transpersonal Hypnotherapist*** by completing 50 hours of supervised client work or advanced study.

*****This supervisory period, or some variation thereof, is highly recommended for fully certified graduates.***

****Ministerial or Clinical designation by choice, see page 8.***

Further Study Options

The Institute offers advanced programs such as:

- 1] ***Master Levels: 600 hour and higher certifications***
- 2] ***Continuing Education Credits***
- 3] ***Mentorship classes***
- 4] ***NLP trainings and other related seminar topics***
- 5] ***The ITL certification course has been approved on a case-by-case basis by some universities for undergraduate / graduate level credit. Call for details.***

Washington State Record Retention Requirements

The school must keep student educational records for a minimum of fifty years from the date of each student's enrollment or until the school ceases to be licensed under this chapter, whichever comes first.

- (1) "Educational records" include single page transcripts for each student, indicating:
 - (a) School name, address and telephone number;
 - (b) Student name, address, telephone number, and Social Security number;
 - (c) Dates of attendance;
 - (d) Course of instruction or subjects attempted;
 - (e) Amount of credit, if any, awarded for each subject;
 - (f) Grade for each subject completed;
 - (g) Date of completion or termination along with notation of the document issued signifying satisfactory completion, if achieved (degree, diploma, certificate);
 - (h) If terminated, the reason(s) for termination;
 - (i) Signature and title of the certifying officer; and
 - (j) Date that transcript is prepared.
- (2) On request, the school must provide, without charge, a transcript, described under subsection (1) of this section, to students who have satisfied financial obligations currently due and payable directly to the school. The school may establish and collect a fee for subsequent copies requested.
- (3) "Financial records" include the following and must be kept for a minimum of three years from the student's date of enrollment:
 - (a) Signed and completed enrollment agreements and other training related contracts; and
 - (b) The student's payment record.
- (4) Financial aid records related to Title IV student financial assistance are not under state jurisdiction, and should be kept in accordance with appropriate federal regulations.
- (5) Catalogs, catalog supplements, and errata sheets must be kept for one year from their respective dates of publication.

Students can request a transcript with information as described above by sending a request in writing to:

Institute for Therapeutic Learning
PO Box 17229
Seattle, Wa. 98127

Or via email to: jack@findingtruemagic.com

This school does not discriminate against students or potential students on the basis of race, creed, color, national origin, sex, veteran or military status, sexual orientation, or the presence of any sensory, mental, or physical disability or the use of a trained guide dog or service animal by a person with a disability. It is impractical for a severely disabled person to take this course which requires a high degree of ability to interact with clients. The school reserves the right to determine acceptance based on this criteria.

Accepted disabled students will be accommodated as far as possible by the school which is in a residential home setting. There is no wheelchair ramp but there are only a few stairs that a wheel chair can easily navigate with assistance. Please notify the school 30 days in advance of a training about your needs so we can determine if your needs can be met.

Class size is a maximum of 14 with one teacher per class.